

Last update: August 22, 2024



LEARNING TO WIN



CONFERENCE
PROVISIONAL
PROGRAMME

NOVEMBER 1-3, 2024.
PADOVA (ITALY)

[HTTPS://ATHLETICSCOACHES.EU](https://athleticscoaches.eu)



FRIDAY, NOVEMBER 1

13:00
ACCREDITATION

13:30
WELCOME

13:50
TARGET LA28

"SHAUN PICKERING" THROWS PANEL
SPRINTS, HURDLES AND RELAYS PANEL
ENDURANCE PANEL
JUMPS AND COMBINED EVENTS PANEL

15:05
LESSONS FOR LA28
PLENARY PANEL



16:00
COFFEE BREAK AND SPONSORS' DEMO

16:20 SPONSOR PRESENTATION

16:45
HURDLES PRESENTATION
GIORGIO FRINOLLI

17:45
"BUILDING THE FOUNDATION"
INJURY PREVENTION & PROTECTION
BOO SCHEXNAYDER

18:45
COACHING CHANGE
FRANK DICK



SATURDAY, NOVEMBER 2



8:30 | ACCREDITATION



8:45 | WELCOME

9:00 | PRACTICALS

Marinella Vaccari

High jump and triple jump

Khaty Seck

Long jump



10:30 | COFFEE BREAK AND SPONSORS' DEMOS

11:15 | PRACTICALS

Giorgio Frinolli

Hurdles

Don Babbit

Strength



12:45 | LUNCH TIME



14:00 | PRACTICALS

Boo Schexnayder

Plyometrics

Speaker to be announced

Endurance

15:40 | PRACTICALS

Filippo Di Mulo

Relays

Speaker to be announced

TBA



17:10 | COFFEE BREAK AND SPONSORS' DEMOS

17:55 | TRAINING WITH

Speaker to be announced

TBA

Speaker to be announced

TBA



19:30

EACA SUMMIT
(FOR EACA MEMBERS ONLY)

20:30

DINNER WITH COACHES



SUNDAY, NOVEMBER 3

08:30
FINAL DAY INTRO

08:35

"ATHLETE'S CAREER"
GENNARO BOCCIA

09:35
"STRENGTH"
DON BABBIT



10:30

COFFEE BREAK AND SPONSORS' DEMO

11:15
"RELAYS"
FILIPPO DI MULO

12:15

"LAST STEP INTO PARIS IS FIRST STEP INTO LA"
ANTONIO LA TORRE

13:10
CONFERENCE CLOSING
FRANK DICK (UK)

